

2014-15 St. Anthony's Indoor Development Meets

Total Teams Only (No individual entries)



- Doors open at 8:00 AM
- No spikes permitted (STRICTLY ENFORCED)
- No food or drink in field house or track area
- Batons will not be provided (Bring your own)
- Blocks will be provided (do not bring your own)
 - First event begins promptly at 9:00 AM
 - Separate sections for Frosh

Orders of Running Events (open)

<u>Dec 6</u>	<u>Dec 27</u>	<u>Jan 2 & 10</u>
3000f/3200m	3000f/3200m	3000f/3200 m
55m HH	60m HH	55m HH
600m Run	500m Dash	600m Run (Jan. 2)
55m Dash	60m Dash	55m Dash
1000m Run	800m Run	1000m Run (Jan. 10)
300m Dash	200m Dash	300m Dash (Jan. 10)
1500f/1600m	1 Mile Run	1500f/1600m (Jan. 2)
<u>Alternate running events, female then male. All events Finals</u>		
4x400	4x200	4x400
4x800	4x400	4x800
4x200		4x200
WT, PV, SP, <u>LJ(6)</u> , HJ	PV, SP, <u>TJ</u> , HJ, WT	WT(10), PV, SP, <u>LJ(2)</u> , <u>TJ(10)</u> , HJ

Entry Fee: \$195/Team/meet

St. Anthony's H.S. reserves the right to limit entries in any event under any circumstance

Jan 9, "Relays Only" for Frosh/Soph (m, f)(no FAT)

Entry Fee \$175/Team

Separate competitions Frosh&Soph. 1st Event Begins 6:30PM (doors open 6PM)

4x400m Relay, 1600 SMR 4-2-2-8, 4000 DMR 12-4-8-16, 4x200 Relay

Full Team Roster and Entry for each meet to: Tony Toro@ just-in-time-racing.com

Mail Entry FEE to:

Andrew Gray

Treasurer's Office

Check payable to:

Saint Anthony's High School

275 Wolf Hill Road

South Huntington, NY 11747